Example 1:

Define a SMART goal in high school mathematics

By Friday, I should be able to solve first degree equations by doing the 10 numbers sent by my teacher.

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| **S** | **Specific** | Solve first degree equations. |

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| **M** | **Measurable** | The teacher sent me 10 numbers, I have to do them and understand them.  |

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| **A** | **Appropriate / Ambitious** | It is reasonable to do 10 numbers in 5 days. I will do two a day and send them to my teacher.  |

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| **R** | **Realistic** | After each number, I will have my answers validated by my teacher. |

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| **T** | **Temporal** | By Friday. |

Example 2:

Define a SMART goal in high school French

By the next two French lessons, I must have identified the elements of a sentence in five sentences taken from my last written production.

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| **S** | **Specific** | Be able to clearly identify the elements of a sentence. |

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| **M** | **Measurable** | I need to be able to identify the subject, predicate, and sentence complement, if any, in five random sentences from my last written production. |

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| **A** | **Appropriate / Ambitious** | It is reasonable to complete the assignment with five sentences that I wrote, and it is enough to show me that I have understood the procedure to follow. |

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| **R** | **Realistic** | After each sentence, I will have my answers validated by my teacher. |

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| **T** | **Temporal** | By the next two French lessons. |